

Heath Wiggins



Outraged at seeing 50% of marriages implode during the 1990's, Heath Wiggins and his wife, BerNadette, founded the [Family Bootcamp LLC.](#), in 2000. The Bootcamp is a biblically-based Relationship Consulting business that teaches singles and couples how to obtain and maintain a happy, loving, trusting relationship by leading them through a fun and exciting teambuilding obstacle course.

Located at their 14-acre wooded facility in the D.C. suburbs of Bowie, MD., the obstacle course is specifically designed to improve their client's communication and increase trust.

But after 11 years in the trenches, Heath discovered an epidemic that was at the root-cause of why so many relationships were imploding: *Many Women Do Not Feel Secure Trusting A Man To Take On Leadership Roles In Their Relationships.*

So in 2013, Heath expanded their brand and created [His Leadership Her Trust](#) to empower Christian men to become the man a woman trusts, respects, and actually wants to follow. He does this through relationship-consulting (*like in the movie Hitch*), publishing, and public speaking.

In 2015, Heath published a book...entitled the same...which reached #1 bestselling status in Amazon in three categories. Heath is also one of the top writers for [BlackandMarriedWithKids.com](#), the #1 blog for African-American guidance on marriage and parenting.